



BOSTON BRAZILIAN JIU-JITSU ACADEMY

ADULT (16+) CLASSES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		6:15am - 7:45am ALL RANKS GROUP A		6:15am - 7:45am ALL RANKS GROUP A	9:00 - 10:00am - GROUPS C/ D Open Mat	
					10:30-11:30 GROUP E Open Mat	
12:15-1:45pm ALL RANKS GI - GROUP B		12:15-1:45pm ALL RANKS GI - GROUP B		12:15-1:45pm ALL RANKS GI - GROUP B		
6:15-7:45 ALL RANKS GI - GROUP C		6:15-7:45pm ALL RANKS GI - GROUP C		5:30-7:00pm ALL RANKS GI - GROUP C/D		
	6:30-8:00pm ALL RANKS GI - GROUP D		6:30-8:00pm ALL RANKS GI - GROUP D			
GROUP A	Wednesday/Friday 6:15am					
GROUP B	Monday/Wednesday/Friday 12:15pm					
GROUP C	Monday/Wednesday 6:15pm; Friday 5:30; Open mat Saturday 9-10					
GROUP D	Tuesday/Thursday 6:30pm; Friday 5:30pm; Open mat Saturday 9-10					
GROUP E	(Open mat only): Saturday 10:30-11:30am					